



Offer vs Serve Policy for Lunch

Cristo Rey Boston High School lunches are offered through Seamless Summer Option (SSO) and USDA's National School Lunch Program (NSLP). They are intended to be a full meal for students, meeting approximately one-third of their nutritional needs for the day. School lunch is not meant to supplement meals brought from home or foods purchased outside of the NSLP program. While Offer vs Serve meal service allows students to decline some of the foods offered at lunch, USDA requires that all students must be offered a full meal that includes all five meal components for lunch to be eligible for federal reimbursement (milk, fruit, vegetables, grains, meat/meat alternatives). Students must choose 3 food groups or more including at least a ½ cup of fruit and or/vegetable.

Offer vs Serve Policy for Breakfast

At Cristo Rey Boston High School a breakfast eligible for federal reimbursement shall offer 3 food components (milk, fruit, grains) that consists of a minimum of 4 food items. Students can decline 1 food item but must select at least ½ cup of fruit (or fruit combination). After meeting the ½ cup fruit requirement, students must select the other food components in the full amounts to count toward the reimbursable offer versus serve meal.